

16.11.19 2019 IPF Powerlifting

Name	Team	Div	Bwt - kg	IPF Wt CIs	lot#	Birth Year	IPF Pts Code	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	PL Total	PI/Div/CIs/Event	IPF Points	Events Entered	State
Alexandra Hunter	UNA	F-O	46.80	47	2	33277	WEP	95.0	100.0	105.0	105.0	60.0	65.0	-70.0	65.0	110.0	117.5	125.0	125.0	295.0	1/F-O/47/PL	485.87	PL	
Natasha Maskell	UNA	F-O	46.40	47	1	36195	WEP	87.5	-95.0	95.0	95.0	50.0	55.0	56.5	56.5	90.0	97.5	100.0	100.0	251.5	2/F-O/47/PL	430.49	PL	
Justine Lee	NU	F-O	51.20	52	6	34925	WEP	107.5	115.0	120.0	120.0	-65.0	67.5	-70.0	67.5	135.0	145.0	-155.0	145.0	332.5	1/F-O/52/PL	513.44	PL	
Michelle Watson	SUPT	F-O	49.80	52	5	32635	WEP	85.0	92.5	-97.5	92.5	55.0	62.5	-67.5	62.5	115.0	122.5	127.5	127.5	282.5	2/F-O/52/PL	456.82	PL	
Jessica Terry	UNA	F-O	56.60	57	20	33055	WEP	100.0	105.0	110.0	110.0	55.0	60.0	-65.0	60.0	147.5	155.0	163.0	163.0	333.0	1/F-O/57/PL	492.56	PL	
Chloe Dickinson	UNA	F-O	53.20	57	18	34727	WEP	115.0	-122.5	127.5	127.5	65.0	70.0	-77.5	70.0	100.0	112.5	122.5	122.5	320.0	2/F-O/57/PL	489.80	PL	
Melissa Henderson	UNA	F-O	55.80	57	17	35045	WEP	85.0	92.5	100.0	100.0	-55.0	55.0	-57.5	55.0	127.5	135.0	142.5	142.5	297.5	3/F-O/57/PL	453.63	PL	
Debra Husband	UNA	F-O	57.00	57	19	25615	WEP	90.0	97.5	-100.0	97.5	62.5	-67.5	67.5	67.5	112.5	117.5	122.5	122.5	287.5	4/F-O/57/PL	438.18	PL	
Philippa Kelsey	UNA	F-O	56.00	57	15	32348	WEP	92.5	-97.5	-97.5	92.5	50.0	-55.0	-55.0	50.0	100.0	107.5	115.0	115.0	257.5	5/F-O/57/PL	405.95	PL	
Zoe Malir	UNA	F-O	54.60	57	16	30548	WEP	-80.0	80.0	85.0	85.0	50.0	-55.0	-55.0	50.0	90.0	95.0	-100.0	95.0	230.0	6/F-O/57/PL	377.10	PL	
Elspeth McLeod	UNA	F-O	61.80	63	9	34705	WEP	135.0	142.5	145.0	145.0	95.0	-100.0	-100.0	95.0	135.0	147.5	160.0	160.0	400.0	1/F-O/63/PL	550.23	PL	
Sarah Tindale	UNA	F-O	62.20	63	7	33183	WEP	92.5	100.0	-105.0	100.0	55.0	62.5	-67.5	62.5	110.0	120.0	125.0	125.0	287.5	2/F-O/63/PL	423.97	PL	
Hollie Johnson	UNA	F-O	69.60	72	14	33589	WEP	127.5	135.0	140.0	140.0	82.5	87.5	-92.5	87.5	140.0	150.0	-160.0	150.0	377.5	1/F-O/72/PL	501.70	PL	
Heather Murray	HMP	F-O	71.60	72	13	32757	WEP	127.5	135.0	-140.0	135.0	72.5	77.5	80.0	80.0	145.0	-155.0	-155.0	145.0	360.0	2/F-O/72/PL	478.47	PL	
Paige Platt	TWG	F-O	67.00	72	11	33852	WEP	75.0	85.0	-92.5	85.0	42.5	47.5	-50.0	47.5	95.0	105.0	-112.5	105.0	237.5	3/F-O/72/PL	359.55	PL	
Chloe Arnold	UNA	F-O	68.40	72	10	31980	WEP	82.5	87.5	-90.0	87.5	42.5	45.0	-47.5	45.0	100.0	-105.0	-105.0	100.0	232.5	4/F-O/72/PL	351.90	PL	
Erika McDonald	UNA	F-O	77.80	84	24	34554	WEP	140.0	150.0	-157.5	150.0	80.0	85.0	-90.0	85.0	155.0	165.0	-175.0	165.0	400.0	1/F-O/84/PL	504.42	PL	
Cheryl Dawkins	UNA	F-O	81.00	84	21	33410	WEP	-130.0	-130.0	130.0	130.0	60.0	65.0	67.5	67.5	160.0	170.0	180.0	180.0	377.5	2/F-O/84/PL	475.56	PL	
Asheri Gamsi	UNA	F-O	79.40	84	22	36310	WEP	95.0	100.0	105.0	105.0	67.5	72.5	75.0	75.0	130.0	137.5	142.5	142.5	322.5	3/F-O/84/PL	424.84	PL	
Alys Church	UNA	F-O	81.60	84	23	34894	WEP	100.0	-105.0	110.0	110.0	55.0	60.0	62.5	62.5	132.5	140.0	145.0	145.0	317.5	4/F-O/84/PL	416.29	PL	
Naemah Nazir	UNA	F-O	95.40	84+	26	43480	WEP	-115.0	115.0	-122.5	115.0	57.5	62.5	-65.0	62.5	135.0	145.0	-150.0	145.0	322.5	1/F-O/84+/PL	401.63	PL	
Elle Mawson	UNA	F-O	91.00	84+	25	35289	WEP	67.5	72.5	77.5	77.5	50.0	52.5	-55.0	52.5	90.0	97.5	105.0	105.0	235.0	2/F-O/84+/PL	326.64	PL	
Callum Simms	UNA	M-O	96.00	105	28	34789	MEP	215.0	225.0	230.0	230.0	-120.0	127.5	140.0	140.0	240.0	260.0	275.0	275.0	645.0	1/M-O/105/PL	499.09	PL	
Ben Thornes	UNA	M-O	98.20	105	37	31829	MEP	222.5	-227.5	-227.5	222.5	125.0	-135.0	-135.0	125.0	260.0	280.0	-300.0	280.0	627.5	2/M-O/105/PL	481.33	PL	
Damian Manning	UNA	M-O	102.60	105	33	32732	MEP	187.5	197.5	202.5	202.5	142.5	150.0	152.5	152.5	187.5	197.5	205.0	205.0	560.0	3/M-O/105/PL	425.97	PL	
Louis Collins	UNA	M-O	104.60	105	32	35845	MEP	190.0	205.0	-212.5	205.0	125.0	-132.5	-135.0	125.0	222.5	230.0	-237.5	230.0	560.0	4/M-O/105/PL	421.83	PL	
Ashley Parkinson	UNA	M-O	105.00	105	35	32748	MEP	180.0	190.0	200.0	200.0	-122.5	127.5	-132.5	127.5	220.0	232.5	-250.0	232.5	560.0	5/M-O/105/PL	421.03	PL	
Josh Rogers	UNA	M-O	103.40	105	30	33849	MEP	200.0	205.0	-210.0	205.0	-120.0	125.0	130.0	130.0	205.0	215.0	220.0	220.0	555.0	6/M-O/105/PL	421.01	PL	
Alex Mountain	UNA	M-O	104.80	105	31	34256	MEP	-175.0	180.0	190.0	190.0	130.0	135.0	-140.0	135.0	200.0	210.0	217.5	217.5	542.5	7/M-O/105/PL	410.00	PL	
Ryan Burdon	UNA	M-O	100.00	105	34	43650	MEP	162.5	-172.5	-177.5	162.5	127.5	137.5	-145.0	137.5	217.5	230.0	237.5	237.5	537.5	8/M-O/105/PL	416.53	PL	
Cliff Cansfield	UNA	M-O	98.60	105	29	36508	MEP	160.0	170.0	175.0	175.0	100.0	-107.5	107.5	107.5	190.0	200.0	207.5	207.5	490.0	9/M-O/105/PL	387.52	PL	
Dan Frazier	UNA	M-O	118.80	120	43	32490	MEP	245.0	255.0	-260.0	255.0	157.5	162.5	167.5	167.5	260.0	275.0	282.5	282.5	705.0	1/M-O/120/PL	485.38	PL	
Harry Regan	UNA	M-O	111.20	120	42	34894	MEP	175.0	215.0	240.0	240.0	135.0	145.0	-155.0	145.0	245.0	272.5	290.0	290.0	675.0	2/M-O/120/PL	482.11	PL	
David Lock	UNA	M-O	117.80	120	39	26623	MEP	185.0	195.0	200.0	200.0	127.5	137.5	-142.5	137.5	212.5	220.0	230.0	230.0	567.5	3/M-O/120/PL	402.74	PL	
Sam Lawson	UNA	M-O	113.40	120	41	32386	MEP	175.0	187.5	195.0	195.0	100.0	110.0	-115.0	110.0	200.0	215.0	230.0	230.0	535.0	4/M-O/120/PL	389.73	PL	
Michael Nugent	UNA	M-O	107.80	120	40	26660	MEP	-155.0	-157.5	-165.0	0.0	90.0	-95.0	-100.0	90.0	220.0	-240.0	245.0	245.0	0.0		0.00	PL	
Liam Hinchliffe	UNA	M-O	134.20	120+	44	32033	MEP	275.0	290.0	300.0	300.0	190.0	200.0	-202.5	200.0	265.0	285.0	-300.0	285.0	785.0	1/M-O/120+/PL	505.17	PL	
Amber watson	UNA	F-OG	55.20	57	3	37334	WEP	85.0	92.5	100.0	100.0	50.0	57.5	60.0	60.0	90.0	102.5	112.5	112.5	272.5	1/F-OG/57/PL	425.97	PL	
Shawnie Binns	UNA	F-OG	52.60	57	4	33988	WEP	-67.5	75.0	80.0	80.0	32.5	37.5	-40.0	37.5	90.0	100.0	-105.0	100.0	217.5	2/F-OG/57/PL	367.18	PL	
Gemma Surtees	UNA	F-OG	62.80	63	12	30778	WEP	122.5	130.0	-135.0	130.0	70.0	72.5	75.0	75.0	152.5	162.5	170.0	170.0	375.0	1/F-OG/63/PL	519.08	PL	
Jonathon Farill	UNA	M-OG	107.20	120	36	32454	MEP	195.0	202.5	-210.0	202.5	147.5	155.0	-157.5	155.0	235.0	245.0	255.0	255.0	612.5	1/M-OG/120/PL	450.58	PL	
Name	Team	Div	Bwt - kg	IPF Wt CIs	lot#	Birth Year	IPF Pts Code					BP-1	BP-2	BP-3	Best BP					Best BP	PI/Div/CIs/Event	IPF Points	Events Entered	State
Christina Judge	UNA	F-O	93.60	84+	27	31782	WEB					85.0	90.0	95.0	95.0					95.0	1/F-O/84+/BP	490.38	BP	
Duncan Sharp	UNA	M-O	105.00	105	105	30518	MEB					235.0	245.0	-272.5	245.0					245.0	1/M-O/105/BP	622.03	BP	