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Federation Date MeetCount MeetState MeetTown MeetName Formula
 EPA 2024-11-02/03 England YORK YNEPF WO IPF GL Points

Place	Name	Sex	Equipment	Division	Bodyweigh	WeightCla:	Squat1Kg	Squat2Kg	Squat3Kg	Best3Squa	Bench1Kg	Bench2Kg	Bench3Kg	Best3Benc	Deadlift1Kj	Deadlift2Kj	Deadlift3Kj	Best3Dead	TotalKg	Points	Event
1	Sarah Constable-Smith	F	Sleeves	FR-O	56.5	57	115	120	-125	120	60	62.5	-65	62.5	135	142.5	150	150	332.5	78.51	SBD
2	Sophie Morton	F	Sleeves	FR-O	56.6	57	112.5	120	125	125	47.5	52.5	-55	52.5	135	142.5	150	150	327.5	77.23	SBD
1	Amelia Hannah Fox	F	Sleeves	FR-O	57.3	63	122.5	130	135	135	62.5	65	67.5	67.5	150	165	175	175	377.5	88.2	SBD
2	Ellen Hollingsworth	F	Sleeves	FR-O	62.4	63	120	135	140	140	65	72.5	-77.5	72.5	130	142.5	147.5	147.5	360	79.25	SBD
3	Jenny Chowdhury	F	Sleeves	FR-O	61.8	63	102.5	-110	115	115	50	55	-60	55	135	145	150	150	320	70.9	SBD
4	Anoushka Capewell	F	Sleeves	FR-O	62.1	63	100	107.5	110	110	60	65	-67.5	65	130	137.5	145	145	320	70.67	SBD
5	Alice Alston	F	Sleeves	FR-O	61.8	63	100	110	-115	110	57.5	-62.5	-62.5	57.5	115	125	135	135	302.5	67.02	SBD
6	Allison Munro	F	Sleeves	FR-O	62	63	85	90	95	95	45	47.5	-50	47.5	120	125	130	130	272.5	60.24	SBD
7	Jennie Gilman	F	Sleeves	FR-O	61.6	63	95	97.5	-100	97.5	45	-47.5	47.5	47.5	95	97.5	100	100	245	54.4	SBD
1	Jazz Harrison	F	Sleeves	FR-O	68.9	69	135	142.5	-150	142.5	65	67.5	-70	67.5	150	160	165	165	375	77.75	SBD
2	Hannah Thompson	F	Sleeves	FR-O	67	69	130	135	140	140	70	72.5	75	75	140	145	147.5	147.5	362.5	76.37	SBD
3	Emma Davison	F	Sleeves	FR-O	66.5	69	122.5	127.5	132.5	132.5	55	62.5	67.5	67.5	132.5	145	150	150	350	74.06	SBD
4	Emma Barclay	F	Sleeves	FR-O	68.8	69	-115	115	-122.5	115	70	75	-77.5	75	142.5	152.5	-160	152.5	342.5	71.07	SBD
5	Eleanor Rose Ivy Bareham	F	Sleeves	FR-O	67.6	69	120	125	130	130	67.5	75	-77.5	75	125	130	-135	130	335	70.21	SBD
6	Ellen Jackson	F	Sleeves	FR-O	67.6	69	95	102.5	110	110	65	70	-75	70	117.5	127.5	132.5	132.5	312.5	65.5	SBD
7	Lisa Hunter	F	Sleeves	FR-O	65.5	69	70	75	80	80	40	42.5	45	45	85	95	100	100	225	48.04	SBD
1	Sarah Willis-Worthington	F	Sleeves	FR-O	81	84	132.5	-140	145	145	75	-80	-80	75	132.5	142.5	152.5	152.5	372.5	71.39	SBD
2	Katie Corner	F	Sleeves	FR-O	81.4	84	115	122.5	130	130	55	60	65	65	125	140	-150	140	335	64.07	SBD
3	Jenny Turnbull	F	Sleeves	FR-O	79.8	84	90	97.5	105	105	55	60	-62.5	60	120	130	140	140	305	58.82	SBD
4	Louise Marsh	F	Sleeves	FR-O	83.9	84	-100	110	120	120	40	45	50	50	100	115	130	130	300	56.68	SBD
1	Annabelle Chapman	F	Sleeves	FR-O	121.1	84+	165	175	185	185	115	122.5	130	130	200	225	-240	225	540	92.43	SBD
2	Samantha Townsend	F	Sleeves	FR-O	94.4	84+	140	147.5	152.5	152.5	57.5	62.5	65	65	147.5	155	-165	155	372.5	67.55	SBD
DQ	Georgia Brydon	F	Sleeves	FR-O	85.3	84+	-132.5	-140	-140	65	70	-75	70	137.5	147.5	155	155	155			SBD
G	Michelle Brand	F	Single-ply	F-O	83.8	84	122.5	130	137.5	137.5	95	100	102.5	102.5	120	132.5	140	140	380	59.82	SBD
1	Jackie Mathers	F	Sleeves	FR-O	80.8	84					35	37.5	40	40					40	30.15	B
1	Sarah Knight	F	Sleeves	FR-O	106.3	84+					65	70	75	75					75	53.77	B
1	Maddie Connoily	F	Single-ply	F-O	68.2	69					-82.5	82.5	87.5	87.5					87.5	50.39	B
1	Ella Mansfield	F	Sleeves	FR-O	73.8	76	132.5	142.5	147.5	147.5	82.5	87.5	-92.5	87.5	170	180	-190	180	415	82.99	SBD
2	Andrea Greaves	F	Sleeves	FR-O	72.6	76	145	155	-160	155	65	70	75	75	155	165	170	170	400	80.65	SBD
3	Abbie Holroyd	F	Sleeves	FR-O	74.7	76	135	142.5	150	150	75	80	82.5	82.5	137.5	147.5	155	155	387.5	77.03	SBD
4	Sarah Krauze	F	Sleeves	FR-O	75.9	76	142.5	150	-155	150	65	70	72.5	72.5	140	150	155	155	377.5	74.47	SBD
5	Emily Ng	F	Sleeves	FR-O	71.7	76	112.5	122.5	-127.5	122.5	82.5	-87.5	90	90	132.5	145	155	155	367.5	74.58	SBD
6	Alys Church	F	Sleeves	FR-O	73.3	76	117.5	125	-130	125	75	-80	-80	75	165	-175	-175	165	365	73.24	SBD
7	Pauline Watson	F	Sleeves	FR-O	75.6	76	117.5	122.5	-127.5	122.5	55	57.5	-60	57.5	160	170	-182.5	170	350	69.18	SBD
8	Abigail Row	F	Sleeves	FR-O	72.4	76	107.5	115	120	120	65	70	-75	70	137.5	147.5	152.5	152.5	342.5	69.16	SBD
9	Abbie Marshall	F	Sleeves	FR-O	75.6	76	110	120	127.5	127.5	62.5	67.5	-70	67.5	135	147.5	-155	147.5	342.5	67.69	SBD
10	Nicole Latham	F	Sleeves	FR-O	74.3	76	107.5	115	120	120	60	65	-70	65	130	145	152.5	152.5	337.5	67.27	SBD
11	Natasha Owen	F	Sleeves	FR-O	74.6	76	100	105	110	110	52.5	55	-57.5	55	117.5	125	130	130	295	58.68	SBD
12	Emma Catterall	F	Sleeves	FR-O	74	76	70	-75	75	75	45	47.5	-50	47.5	120	132.5	142.5	142.5	265	52.92	SBD
1	Rhea Sutcliffe	F	Sleeves	FR-O	75.8	76					67.5	72.5	75	75					75	57.66	B
1	Samuel Parkin	M	Sleeves	MR-O	58.8	59	132.5	142.5	147.5	147.5	85	-90	-90	85	182.5	-192.5	-192.5	182.5	415	68.8	SBD
2	Reigan Briggs	M	Sleeves	MR-O	57.8	59	117.5	127.5	135	135	70	75	80	80	155	165	-180	165	380	63.58	SBD
1	Pascal Skannavis	M	Sleeves	MR-O	64.4	66	160	-170	172.5	172.5	147.5	155	-160.5	155	192.5	205	210	210	537.5	84.88	SBD
2	Ashley Martin	M	Sleeves	MR-O	65.6	66	130	137.5	142.5	142.5	97.5	102.5	-110	102.5	152.5	157.5	-162.5	157.5	402.5	62.95	SBD
1	Reece Morgan	M	Sleeves	MR-O	72.9	74	185	195	-202.5	195	120	125	-127.5	125	215	227.5	235	235	555	82.12	SBD
2	Kush Makkapati	M	Sleeves	MR-O	69.7	74	160	170	180	180	102.5	107.5	110	110	217.5	230	235	235	525	79.52	SBD
3	James Knight	M	Sleeves	MR-O	73.1	74	157.5	167.5	-172.5	167.5	120	125	130	130	195	207.5	215	215	512.5	75.72	SBD
4	Sun Baram	M	Sleeves	MR-O	71.8	74	155	162.5	170	170	102.5	107.5	112.5	112.5	207.5	220	225	225	507.5	75.69	SBD
5	Dean Li	M	Sleeves	MR-O	67.2	74	165	175	-180	175	-127.5	127.5	130	130	175	195	-210	195	500	77.2	SBD
6	Donnabhan Rudden	M	Sleeves	MR-O	72.4	74	152.5	165	175	175	102.5	110	-112.5	110	170	185	200	200	485	72.02	SBD

	7	Oliver Armstrong	M	Sleeves	MR-O	71.9	74	150	-160	-160	150	80	85	87.5	87.5	160	175	-187.5	175	412.5	61.47	SBD
	8	Daniel Dilks	M	Sleeves	MR-O	72.4	74	130	140	-145	140	85	87.5	90	90	-170	170	-180	170	400	59.4	SBD
	9	Haseeb Ali	M	Sleeves	MR-O	67.9	74	115	122.5	-132.5	122.5	77.5	-87.5	-87.5	77.5	170	185	-195	185	385	59.12	SBD
DQ		Joshua Nesbit	M	Sleeves	MR-O	72.6	74	115	-122.5	122.5	122.5	110	-115	-115	110	-160						SBD
	1	Thomas Cross	M	Sleeves	FR-O	80.9	83	215	230	235	235	130	-135	135	135	230	245	-260	245	615	86.25	SBD
	2	Jake Denman	M	Sleeves	FR-O	80.9	83	205	215	222.5	222.5	120	125	130	130	220	235	240	240	592.5	83.09	SBD
	3	Jack Beazley	M	Sleeves	FR-O	82.1	83	207.5	217.5	-227.5	217.5	127.5	132.5	135	135	222.5	235	-245	235	587.5	81.78	SBD
	4	Jack Outterside	M	Sleeves	FR-O	82.9	83	190	207.5	-215	207.5	95	102.5	105	105	245	260	-275	260	572.5	79.3	SBD
	5	Scott Ferguson	M	Sleeves	FR-O	82	83	195	205	210	210	102.5	107.5	112.5	112.5	227.5	242.5	-250	242.5	565	78.69	SBD
	6	Myles Foster	M	Sleeves	FR-O	82.1	83	205	-215	215	215	115	120	-125	120	215	225	-232.5	225	560	77.95	SBD
	7	Alex Macaulay	M	Sleeves	FR-O	82.2	83	175	185	195	195	125	132.5	140	140	202.5	217.5	-230	217.5	552.5	76.86	SBD
	8	Aidan Jenkins	M	Sleeves	FR-O	80.8	83	180	190	-195	190	105	110	-115	110	225	240	250	250	550	77.18	SBD
	9	Mackenzie Hughes	M	Sleeves	FR-O	81.2	83	165	172.5	180	180	120	127.5	132.5	132.5	195	207.5	217.5	217.5	530	74.19	SBD
	10	Scott Newbould	M	Sleeves	FR-O	81.9	83	170	177.5	185	185	110	117.5	125	125	185	205	-215	205	515	71.77	SBD
	11	Juris Bokans	M	Sleeves	FR-O	82.1	83	140	150	160	160	100	105	110	110	195	207.5	225	225	495	68.9	SBD
	12	Louis Delamare	M	Sleeves	FR-O	81.7	83	150	160	-172.5	160	70	75	77.5	77.5	190	200	207.5	207.5	445	62.09	SBD
	1	Sam Read	M	Sleeves	MR-O	93	93	235	-250	250	250	165	172.5	175	175	240	257.5	265	265	690	90.27	SBD
	2	Henry Jones	M	Sleeves	MR-O	90.8	93	235	250	260	260	147.5	155	157.5	157.5	240	257.5	267.5	267.5	685	90.67	SBD
	3	Mitchell Guppy	M	Sleeves	MR-O	91.4	93	225	240	245	245	142.5	147.5	152.5	152.5	252.5	265	-275	265	662.5	87.41	SBD
	4	Luke Thompson	M	Sleeves	MR-O	91.8	93	190	207.5	215	215	130	137.5	142.5	142.5	240	257.5	-265	257.5	615	80.97	SBD
	5	Robbie Crabtree	M	Sleeves	MR-O	91.7	93	200	215	225	225	120	130	135	135	-210	220	240	240	600	79.03	SBD
	6	Jack Dulson	M	Sleeves	MR-O	92.5	93	165	175	180	180	120	127.5	132.5	132.5	200	217.5	232.5	232.5	545	71.49	SBD
	7	Jake Richardson	M	Sleeves	MR-O	84	93	170	185	-195	185	110	117.5	-122.5	117.5	190	210	-215	210	512.5	70.52	SBD
	8	Tom Dorrington	M	Sleeves	MR-O	92.1	93	165	175	185	185	110	115	-120	115	200	212.5	-225	212.5	512.5	67.37	SBD
	9	Adam Obadah Safsaf	M	Sleeves	MR-O	92.1	93	165	172.5	-182.5	172.5	107.5	112.5	117.5	117.5	197.5	207.5	215	215	505	66.38	SBD
	10	Lennon Willis	M	Sleeves	MR-O	88.2	93	160	167.5	175	175	92.5	97.5	100	100	180	190	200	200	475	63.78	SBD
	11	Janis Krastins	M	Sleeves	MR-O	90.4	93	130	140	-145	140	65	70	-72.5	70	165	177.5	190	190	400	53.06	SBD
	12	Matthew Constable	M	Sleeves	MR-O	85.7	93	80	90	95	95	52.5	60	62.5	62.5	80	90	95	95	252.5	34.39	SBD
	13	Barney Mellor	M	Sleeves	MR-O	91.6	93	25	-140	-140	25	120	127.5	135	135	75			75	235	30.97	SBD
	1	Edwin Lord	M	Sleeves	MR-O	97.1	105	235	252.5	265	265	155	162.5	167.5	167.5	300	325	340	340	772.5	98.97	SBD
	2	Tim Li	M	Sleeves	MR-O	104.3	105	245	265	270	270	187.5	200	-207.5	200	270	290	300	300	770	95.36	SBD
	3	Kayode Tobun	M	Sleeves	MR-O	103.5	105	247.5	265	272.5	272.5	150	157.5	162.5	162.5	235	255	275	275	710	88.25	SBD
	4	Emmanuel Olanrewaju	M	Sleeves	MR-O	97.5	105	235	245	250	250	-165	165	170	170	250	265	-275	265	685	87.59	SBD
	5	Archie Seed	M	Sleeves	MR-O	103.4	105	200	215	220	220	142.5	-152.5	-152.5	142.5	287.5	305	-317.5	305	667.5	83.01	SBD
	6	Carl Devine	M	Sleeves	MR-O	94.6	105	220	235	245	245	145	152.5	157.5	157.5	215	-232.5	-232.5	215	617.5	80.11	SBD
	7	Alfie Webster	M	Sleeves	MR-O	94.9	105	190	200	210	210	107.5	115	-120	115	225	240	-250	240	565	73.19	SBD
	8	Kyle Maloney	M	Sleeves	MR-O	104.6	105	-172.5	172.5	-185	172.5	120	125	-127.5	125	215	230	-235	230	527.5	65.24	SBD
	1	Jake Taylor	M	Sleeves	MR-O	113	120	245	260	267.5	267.5	152.5	160	162.5	162.5	260	275	285	285	715	85.36	SBD
	2	Aidan McNicholas	M	Sleeves	MR-O	105.5	120	225	245	-250	245	-140	150	155	155	225	265	287.5	287.5	687.5	84.69	SBD
	3	Leo Sulaiman	M	Sleeves	MR-O	112.1	120	247.5	260	265	265	135	-142.5	-142.5	135	237.5	250	262.5	262.5	662.5	79.38	SBD
	4	Adam Haydon	M	Sleeves	MR-O	116.5	120	215	225	235	235	142.5	150	-155	150	245	260	272.5	272.5	657.5	77.43	SBD
	5	Nathaniel Clarke	M	Sleeves	MR-O	119.8	120	212.5	227.5	237.5	237.5	132.5	137.5	140	140	205	227.5	-237.5	227.5	605	70.38	SBD
	6	Lazo Mohamad	M	Sleeves	MR-O	111	120	-187.5	187.5	200	200	90	95	100	100	180	195	210	210	510	61.38	SBD
	1	Conor Dougen	M	Sleeves	MR-O	134.2	120+	240	262.5	-270	262.5	167.5	177.5	182.5	182.5	250	270	285	285	730	80.94	SBD
	2	Andrew Taylor	M	Sleeves	MR-O	143.3	120+	240	260	275	275	135	145	152.5	152.5	240	260	275	275	702.5	75.88	SBD