

OPL Forma Submit by email: issues@openpowerlifting.org

Federation Date Mee Meet\$ MeetTown MeetName Formula
 EPA '2024-06-09 England LEEDS Implexus C IPF GL Points

Place	Name	Sex	Age	Equipment	Division	Lot	Bodyweigh	WeightCla:	Squat1Kg	Squat2Kg	Squat3Kg	Best3Squa	Bench1Kg	Bench2Kg	Bench3Kg	Best3Benc	Deadlift1Kj	Deadlift2Kj	Deadlift3Kj	Best3Dead	TotalKg	Points	Event
1	Roxy Sparke	F	27	Steeves	FR-O	12	54.4	57	115	120	-125	120	57.5	-60	-60	57.5	130	135	140	140	317.5	77.22	SBD
2	Jess Manny	F	20	Steeves	FR-O	14	56.6	57	95	100	-105	100	60	62.5	-65	62.5	112.5	115	125	125	287.5	67.8	SBD
1	Sarah Constable-Smith	F	23	Steeves	FR-O	6	61.2	63	115	122.5	125	125	55	60	-62.5	60	130	140	-150	140	325	72.48	SBD
2	Abbie White	F	19	Steeves	FR-O	21	59.6	63	80	87.5	90	90	60	62.5	-65	62.5	117.5	127.5	132.5	132.5	285	64.72	SBD
1	Lucie Wilson	F	21	Steeves	FR-O	16	67.6	69	85	95	100	100	50	55	-57.5	55	140	150	160	160	315	66.02	SBD
2	Karen Horwood	F	47	Steeves	FR-O	17	67.2	69	75	85	92.5	92.5	45	50	52.5	52.5	120	127.5	132.5	132.5	277.5	58.36	SBD
3	Malia Munoz	F	21	Steeves	FR-O	2	67.6	69	70	75	80	80	57.5	62.5	65	65	90	97.5	102.5	102.5	247.5	51.87	SBD
4	Lisa Davenport	F	46	Steeves	FR-O	22	67.8	69	72.5	77.5	82.5	82.5	40	-42.5	42.5	42.5	90	97.5	-100	97.5	222.5	46.55	SBD
1	Amy Leiper	F	28	Steeves	FR-O	7	76	76	165	175	180	180	87.5	92.5	-95	92.5	165	175	182.5	182.5	455	89.71	SBD
2	Rebecca Thomas-Sives	F	25	Steeves	FR-O	8	73.3	76	125	130	137.5	137.5	70	77.5	-80	77.5	155	165	170	170	385	77.25	SBD
1	Zara Anwar	F	28	Steeves	FR-O	1	79.2	84	145	160	167.5	167.5	80	-87.5	-87.5	80	172.5	185	-195	185	432.5	83.69	SBD
2	Shanyce Harding	F	28	Steeves	FR-O	15	81.2	84	130	140	147.5	147.5	65	-72.5	-72.5	65	165	175	187.5	187.5	400	76.58	SBD
1	Ruth Bell	F	53	Steeves	FR-O	9	92.6	84+	-62.5	-62.5	65	65	32.5	35	37.5	37.5	77.5	85	90	90	192.5	35.12	SBD
1	Kush Makkapati	M		Steeves	MR-O	18	64.8	66	145	-152.5	152.5	152.5	95	100	102.5	102.5	207.5	-220	-220	207.5	462.5	72.8	SBD
2	Saif Hussain	M		Steeves	MR-O	20	62.3	66	110	122.5	-125	122.5	77.5	85	-97.5	85	172.5	185	-195	185	392.5	63.09	SBD
1	Kai Richardson	M		Steeves	MR-O	23	72	74	170	-187.5	187.5	187.5	115	-125	125	125	-232.5	250	-272.5	250	562.5	83.77	SBD
2	Brendan Gilligan	M		Steeves	MR-O	13	67.4	74	155	170	180	180	120	-127.5	127.5	127.5	220	232.5	-255	232.5	540	83.25	SBD
3	Scott Hanna	M		Steeves	MR-O	3	73.2	74	165	172.5	177.5	177.5	95	102.5	105	105	190	202.5	-210	202.5	485	71.61	SBD
4	Mahmoud Abazeed	M		Steeves	MR-O	10	73.9	74	155	-165	-175	155	115	127.5	-130	127.5	185	197.5	-205	197.5	480	70.52	SBD
5	Liam Oâ€™Rourke	M		Steeves	MR-O	19	72.3	74	137.5	145	-147.5	145	87.5	92.5	-95	92.5	165	180	-182.5	180	417.5	62.04	SBD
6	Kieron Longman	M		Steeves	MR-O	5	71.9	74	110	120	130	130	90	95	-105	95	145	155	-165	155	380	56.63	SBD
1	Ben Muskett	M	30	Raw	MR-O	83	83	210	220	-227.5	220	110	120	127.5	127.5	250	262.5	272.5	272.5	620	85.93	SBD	
2	Leonardo De Brito Vilares	M	22	Raw	MR-O	83	83	212.5	222.5	-230	222.5	112.5	115	-120	115	265	-272.5	-280	265	602.5	83.55	SBD	
3	JOSS SALTON	M	20	Raw	MR-O	80	83	192.5	207.5	-210	207.5	107.5	112.5	-117.5	112.5	215	230	245	245	565	79.53	SBD	
4	Jonathan Lee	M	20	Raw	MR-O	81	83	180	190	195	195	107.5	115	-117.5	115	202.5	217.5	230	230	540	75.82	SBD	
5	Matthew Anderson	M	25	Raw	MR-O	82	83	145	152.5	160	160	100	107.5	110	110	195	205	215	215	485	67.51	SBD	
1	Joshua Steward	M	26	Raw	MR-O	86	93	230	247.5	-257.5	247.5	172.5	180	185	185	235	252.5	-267.5	252.5	685	93.15	SBD	
2	Sam Read	M	18	Raw	MR-O	91	93	-220	225	235	235	162.5	170	172.5	172.5	235	252.5	-270	252.5	660	87.36	SBD	
3	Ash Biju	M	22	Raw	MR-O	93	93	-230	240	-250	240	150	160	-162.5	160	240	260	-280	260	660	86.39	SBD	
4	Harry cawthorn	M	19	Raw	MR-O	86	93	187.5	200	210	210	122.5	-130	135	135	240	255	270	270	615	83.48	SBD	
5	Callum Shooter	M	26	Raw	MR-O	92	93	-215	215	-230	215	135	-142.5	-142.5	135	240	260	-272.5	260	610	80.35	SBD	
6	Calvin Atkinson	M	23	Raw	MR-O	89	93	220	-230	-230	220	140	150	-160	150	200	230	-250	230	600	80.21	SBD	
7	Oliver Cunningham	M	17	Raw	MR-O	84	93	170	-190	190	190	125	132.5	-135	132.5	190	207.5	217.5	217.5	540	74.26	SBD	
8	Adam Obadah Safsaf	M	16	Raw	MR-O	92	93	-155	160	172.5	172.5	105	115	125	125	195	210	215	215	512.5	67.26	SBD	
9	Stephen nesbitt	M	37	Raw	MR-O	85	93	167.5	182.5	195	195	95	100	105	105	165	185	200	200	500	68.43	SBD	
10	Lennon Willis	M	17	Raw	MR-O	89	93	130	137.5	150	150	85	92.5	97.5	97.5	170	182.5	-190	182.5	430	57.51	SBD	
DQ	Muhammad Bazil	M	26	Raw	MR-O	90	93					117.5	122.5	127.5	127.5								SBD
DQ	Mark Gibson	M	41	Raw	MR-O	91	93					140	-145	-145	140								SBD
1	Tom Parker	M	26	Raw	MR-O	100	105	235	250	260	260	-147.5	-152.5	152.5	152.5	240	255	267.5	267.5	680	85.78	SBD	
2	Norbert Kulczycki	M	38	Raw	MR-O	97	105	215	225	-230	225	155	-160	160	160	260	270	275	275	660	84.6	SBD	
3	Andrew Stanway	M	32	Raw	MR-O	104	105	190	200	210	210	127.5	135	140	140	217.5	230	240	240	590	73.24	SBD	
4	Joe Curzon	M	31	Raw	MR-O	103	105	220	-235	-235	220	110	117.5	-122.5	117.5	222.5	237.5	-252.5	237.5	575	71.57	SBD	
5	Tim Turner	M	46	Raw	MR-O	103	105	177.5	-187.5	-187.5	177.5	110	-117.5	-117.5	110	230	240	-250	240	527.5	65.72	SBD	
6	Jody long	M	44	Raw	MR-O	97	105	170	190	205	205	80	100	105	105	180	200	215	215	525	67.26	SBD	
DQ	Kyle Maloney	M	23	Raw	MR-O	105	105	-190	-190	-190		122.5	127.5	-132.5	127.5	215	232.5	245	245				SBD
1	Ben Deller-Rust	M	32	Raw	MR-O	119	120	205	-220	220	220	157.5	167.5	172.5	172.5	270	290	307.5	307.5	700	81.76	SBD	
2	Adam Haydon	M	28	Raw	MR-O	116	120	205	215	225	225	142.5	147.5	152.5	152.5	235	247.5	260	260	637.5	75.11	SBD	
1	Ben Gibson	M	27	Raw	MR-O	181	120+	240	252.5	257.5	257.5	215	225	-227.5	225	225	242.5	-245	242.5	725	72.09	SBD	