

OPL For Submit by email: [issues@openpowerlifting.org](mailto:issues@openpowerlifting.org)

Federat Date MeetCount MeetState MeetTown MeetName Formula  
 EPA '2024-05-25 England Ashington YNEPF Juni IPF GL Points

Place	Name	Sex	Equipment	Division	Lot	Bodyweigh	WeightCla	Squat1Kg	Squat2Kg	Squat3Kg	Best3Squa	Bench1Kg	Bench2Kg	Bench3Kg	Best3Benc	Deadlift1K	Deadlift2K	Deadlift3K	Best3Dead	TotalKg	Points	Event
	1 Simona Dacheva	F	Sleeves	FR-Jr	30	68.2	69	87.5	97.5	105	105	47.5	-52.5	-52.5	47.5	125	135	140	140	292.5	61	SBD
	1 Phoebe Bulmer-Gilbert	F	Sleeves	FR-Jr	34	74.2	76	107.5	115	117.5	117.5	-50	50	57.5	57.5	142.5	152.5	160	160	335	66.81	SBD
G	Charlotte Muir	F	Sleeves	FR-Jr	10	75.6	76	130	137.5	-142.5	137.5	65	67.5	-70	67.5	145	155	-170	155	360	71.15	SBD
	1 Phoebe Mullett	F	Sleeves	MR-Jr	11	59.2	63	82.5	87.5	-92.5	87.5	52.5	-57.5	-57.5	52.5	112.5	120	125	125	265	60.47	SBD
	1 Theo Beardsley	M	Sleeves	MR-Jr	31	73.2	74	180	190	-195	190	120	-125	125	125	200	215	225	225	540	79.73	SBD
	2 Theo Stewart	M	Sleeves	MR-Jr	27	73.2	74	150	-160	-160	150	120	127.5	-132.5	127.5	190	202.5	-212.5	202.5	480	70.87	SBD
	3 Alan Zheng	M	Sleeves	MR-Jr	25	69	74	127.5	132.5	137.5	137.5	80	82.5	85	85	152.5	162.5	167.5	167.5	390	59.39	SBD
	4 Ahmed Mostafa	M	Sleeves	MR-Jr	26	74	74	100	110	120	120	80	85	87.5	87.5	150	160	175	175	382.5	56.15	SBD
	1 Nathan Beeckmans	M	Sleeves	MR-Jr	16	82.4	83	200	215	-225	215	132.5	140	142.5	142.5	215	230	242.5	242.5	600	83.36	SBD
	2 Lyle Corner	M	Sleeves	MR-Jr	3	81.4	83	175	187.5	200	200	100	105	-110	105	225	235	245	245	550	76.89	SBD
	3 Mario Chilom	M	Sleeves	MR-Jr	12	81.4	83	175	190	200	200	95	102.5	107.5	107.5	-205	217.5	232.5	232.5	540	75.49	SBD
	4 Matthew Malcolmson	M	Sleeves	MR-Jr	9	82	83	-175	182.5	190	190	115	120	125	125	200	215	225	225	540	75.21	SBD
	5 Edward Chesworth	M	Sleeves	MR-Jr	24	80.8	83	180	190	195	195	112.5	117.5	-122.5	117.5	200	-212.5	-212.5	200	512.5	71.92	SBD
	6 Abdur Rehman Hayat	M	Sleeves	MR-Jr	18	80.4	83	190	200	207.5	207.5	87.5	92.5	-97.5	92.5	185	195	-200	195	495	69.64	SBD
	7 Will Butcher	M	Sleeves	MR-Jr	20	80.8	83	160	170	175	175	92.5	97.5	100	100	170	180	190	190	465	65.25	SBD
	8 Matthew Wroe	M	Sleeves	MR-Jr	4	76	83	150	160	167.5	167.5	82.5	87.5	90	90	170	180	185	185	442.5	64.07	SBD
	1 Josh Daws	M	Sleeves	MR-Jr	15	92.4	93	202.5	215	220	220	130	135	137.5	137.5	255	267.5	280	280	637.5	83.66	SBD
	2 Oliver Sanders	M	Sleeves	MR-Jr	22	89.8	93	190	202.5	212.5	212.5	115	120	125	125	230	240	250	250	587.5	78.19	SBD
	3 Sam Arthur	M	Sleeves	MR-Jr	23	88.4	93	150	160	170	170	95	-102.5	102.5	102.5	170	185	200	200	472.5	63.37	SBD
	4 Tom Dorrington	M	Sleeves	MR-Jr	19	89	93	152.5	162.5	167.5	167.5	100	105	110	110	170	-185	185	185	462.5	61.83	SBD
DQ	Thomas Jodrell	M	Sleeves	MR-Jr	29	91.4	93	185	195	-200	195	125	132.5	-140	132.5	-220	-220	-220				SBD
	1 Nicholson ketala	M	Sleeves	MR-Jr	28	105	105	230	240	250	250	140	150	-160	150	270	285	-300	285	685	84.57	SBD
	2 Ed Haselden	M	Sleeves	MR-Jr	1	102.2	105	165	172.5	180	180	130	140	147.5	147.5	180	192.5	205	205	532.5	66.58	SBD
	1 Zac van der Heiden	M	Sleeves	MR-Jr	14	110.2	120	220	232.5	-242.5	232.5	135	140	145	145	225	235	245	245	622.5	75.16	SBD
	2 Nathaniel Clarke	M	Sleeves	MR-Jr	35	119	120	200	210	215	215	125	-130	130	130	200	212.5	220	220	565	65.92	SBD
G	Ali Gilgil	M	Sleeves	MR-Jr	36	107.2	120	260	275	-282.5	275	160	165	170	170	235	250	-255	250	695	84.99	SBD
G	Bilat Mohsin	M	Sleeves	MR-Jr	8	113.5	120	202.5	215	225	225	130	135	-137.5	135	180	192.5	200	200	560	66.72	SBD
	1 Andrew Espiritu	M	Sleeves	MR-Sj	17	72	74	130	145	152.5	152.5	70	77.5	82.5	82.5	147.5	150	175	175	410	61.06	SBD
	2 Jack Iewins	M	Sleeves	MR-Sj	6	68.8	74	127.5	135	140	140	80	85	92.5	92.5	152.5	165	175	175	407.5	62.15	SBD
	3 Oliver Armstrong	M	Sleeves	MR-Sj	7	66.2	74	120	127.5	-132.5	127.5	70	75	80	80	-145	145	155	155	362.5	56.42	SBD
	1 Gregory Pearson	M	Sleeves	MR-Sj	21	79	83	230	247.5	262.5	262.5	145	152.5	157.5	157.5	265	285	-288.5	285	705	100.07	SBD
	2 Ryan Johnson	M	Sleeves	MR-Sj	13	78.6	83	140	152.5	160	160	75	82.5	87.5	87.5	175	190	-200	190	437.5	62.26	SBD
DQ	James Gallagher	M	Sleeves	MR-Sj	33	81.4	83	120	135	150	150	-95	-102.5	-102.5		140	155	165	165			SBD
	1 Oliver Hayes	M	Sleeves	MR-Sj	5	103.6	105	145	157.5	165	165	-92.5	92.5	100	100	182.5	195	-205	195	460	57.15	SBD
	2 Allister Brightey	M	Sleeves	MR-Sj	32	102	105	127.5	137.5	145	145	105	115	-122.5	115	170	-185	-185	170	430	53.82	SBD