

OPL Forr Submit by email:

issues@openpowerlifting.org

Federati Date Meet MeetS MeetTo MeetNa Formula
 EPA '2024-01-27 ENGL WEST YORK YNEPF J& IPF GL Points

Place	Name	Sex	Equipment	Division	BodyweightKg	WeightClassKg	Squat1Kg	Squat2Kg	Squat3Kg	Best3SquatKg	Bench1Kg	Bench2Kg	Bench3Kg	Best3BenchKg	Deadlift1Kg	Deadlift2Kg	Deadlift3Kg	Best3DeadliftKg	TotalKg	Points	Event
	1 Sylvie Thomas	F	Raw	FR-O	49.6	52	90	95	-97.5	95	57.5	60	62.5	62.5	110	120	125	125	282.5	74.39	SBD
	2 Davina Mistry	F	Raw	FR-O	50.5	52	67.5	72.5	77.5	77.5	40	45	-50	45	90	95	-102.5	95	217.5	56.35	SBD
	1 Sophie Morton	F	Raw	FR-O	57	57	92.5	-100	100	100	37.5	42.5	-47.5	42.5	120	127.5	130	130	272.5	63.92	SBD
	2 Jess Manny	F	Raw	FR-O	55.9	57	90	95	-100	95	52.5	55	-60	55	107.5	115	120	120	270	64.28	SBD
	1 Elspeth McLeod	F	Raw	FR-O	63	63	150	160	-165	160	80	87.5	95	95	170	-180	-180	170	425	92.98	SBD
	2 Sarah Constable-Smith	F	Raw	FR-O	60.5	63	95	107.5	115	115	45	52.5	57.5	57.5	130	-137.5	140	140	312.5	70.23	SBD
	3 Chloe O'keefe	F	Raw	FR-O	62.6	63	115	120	-122.5	120	60	-65	65	65	115	122.5	127.5	127.5	312.5	68.65	SBD
	4 Macy Kerwin	F	Raw	FR-O	59.4	63	100	110	115	115	55	60	-65	60	115	125	130	130	305	69.43	SBD
	1 Elif Celikay	F	Raw	FR-O	63.6	69	125	132.5	137.5	137.5	60	-65	65	65	150	160	170	170	372.5	81	SBD
	2 Abbie Holroyd	F	Raw	FR-O	68.1	69	120	130	137.5	137.5	-65	72.5	-80	72.5	135	145	152.5	152.5	362.5	75.66	SBD
	3 Isabella Henry	F	Raw	FR-O	65.4	69	120	125	130	130	62.5	-65	-65	62.5	115	125	-130	125	317.5	67.86	SBD
DQ	Jazz Harrison	F	Raw	FR-O	67.3	69	120	125	-130	125	-55	-60	-60		140	150	160	160			SBD
	1 Zara Anwar	F	Raw	FR-O	80.2	84	145	155	165	165	77.5	82.5	-90	82.5	167.5	180	192.5	192.5	440	84.68	SBD
	1 Danny Haynes	F	Raw	FR-O	89.1	84+	80	90	97.5	97.5	45	55	62.5	62.5	90	100	107.5	107.5	267.5	49.43	SBD
	1 John Anderson	M	Raw	MR-O	65.8	66	177.5	185	195	195	105	112.5	117.5	117.5	200	207.5	-215	207.5	520	81.19	SBD
	2 Oliver Armstrong	M	Raw	MR-O	62.7	66	105	110	115	115	67.5	70	72.5	72.5	140	150	-155	150	337.5	54.06	SBD
	1 Simon Howarth	M	Raw	MR-O	73.1	74	190	205	-210	205	120	130	-135	130	215	225	240	240	575	84.95	SBD
	2 Byron Skipsey	M	Raw	MR-O	71.9	74	190	200	205	205	115	122.5	127.5	127.5	215	227.5	232.5	232.5	565	84.2	SBD
	3 Aiden Jenkins	M	Raw	MR-O	73.1	74	170	175	-180	175	100	105	107.5	107.5	220	232.5	-245	232.5	515	76.09	SBD
	4 Kyle Williams	M	Raw	MR-O	69	74	157.5	165	172.5	172.5	95	102.5	-105	102.5	205	215	-225	215	490	74.61	SBD
	5 Mahmoud Abazeed	M	Raw	MR-O	68.6	74	132.5	142.5	147.5	147.5	105	112.5	120	120	165	182.5	-187.5	182.5	450	68.73	SBD
	6 Joel Craven-Huffer	M	Raw	MR-O	69.6	74	125	132.5	137.5	137.5	65	70	72.5	72.5	165	175	-180	175	385	58.36	SBD
	1 Hamza Bham	M	Raw	MR-O	83	83	235	250	255	255	-160	160	165	165	267.5	287.5	-305	287.5	707.5	97.94	SBD
	2 Yann McGowan	M	Raw	MR-O	81.1	83	-197.5	210	222.5	222.5	120	130	132.5	132.5	220	232.5	-245	232.5	587.5	82.29	SBD
	3 Josh Bassinder	M	Raw	MR-O	77.7	83	157.5	170	180	180	100	107.5	-112.5	107.5	175	190	-200	190	477.5	68.36	SBD
	4 Luca Sutton	M	Raw	MR-O	81.6	83	145	157.5	167.5	167.5	87.5	-95	100	100	172.5	190	200	200	467.5	65.27	SBD
	5 Juris Bokans	M	Raw	MR-O	82.1	83	132.5	142.5	152.5	152.5	105	-110	-110	105	165	177.5	190	190	447.5	62.29	SBD
	6 Ryan johnson	M	Raw	MR-O	78.3	83	105	117.5	130	130	70	75	-80	75	150	165	-180	165	370	52.76	SBD
	7 Michael Lowe	M	Raw	MR-O	78.4	83	85	100	-110	100	70	75	80	80	110	125	140	140	320	45.6	SBD
	8 Matthew Constable	M	Raw	MR-O	83	83	80	90	-100	90	50	-55	60	60	-90	-100	100	100	250	34.61	SBD

1	Alex Ayres	M	Raw	MR-O	89.4	93	242.5	257.5	265	265	155	162.5	165	165	245	260	270	270	700	93.37	SBD
2	Jack Hobson	M	Raw	MR-O	92.4	93	235	245	250	250	135	145	150	150	255	267.5	-277.5	267.5	667.5	87.6	SBD
3	William Kendall	M	Raw	MR-O	83.1	93	190	200	207.5	207.5	110	117.5	-125	117.5	220	235	245	245	570	78.86	SBD
4	Thomas Jodrell	M	Raw	MR-O	90.4	93	180	195	202.5	202.5	127.5	-132.5	132.5	132.5	220	235	-247.5	235	570	75.61	SBD
5	Robbie Crabtree	M	Raw	MR-O	91	93	180	200	-210	200	90	110	120	120	190	210	220	220	540	71.4	SBD
6	Christopher jones	M	Raw	MR-O	89.3	93	182.5	192.5	200	200	115	120	-125	120	195	207.5	215	215	535	71.4	SBD
7	Jack Lynch	M	Raw	MR-O	90.6	93	172.5	180	190	190	85	-95	-95	85	192.5	210	220	220	495	65.59	SBD
1	Nick Johnstone	M	Raw	MR-O	101.4	105	195	215	-230	215	145	155	-165	155	195	215	230	230	600	75.3	SBD
2	Zac van der Heiden	M	Raw	MR-O	104.7	105	207.5	220	230	230	130	137.5	-140	137.5	215	232.5	-240	232.5	600	74.18	SBD
3	Leo Sulaiman	M	Raw	MR-O	102.9	105	205	215	225	225	125	130	-135	130	-217.5	217.5	235	235	590	73.53	SBD
4	Jody long	M	Raw	MR-O	102.9	105	195	-205	215	215	100	110	120	120	200	210	225	225	560	69.8	SBD
5	Kyle Maloney	M	Raw	MR-O	93.3	105	175	-185	185	185	110	115	-117.5	115	200	215	-230	215	515	67.27	SBD
1	Oliver Whalley	M	Raw	MR-O	110.9	120	225	235	240	240	102.5	107.5	-110	107.5	225	-235	-235	225	572.5	68.93	SBD
2	Tom whinnie	M	Raw	MR-O	118.2	120	185	197.5	-210	197.5	120	130	135	135	200	220	230	230	562.5	65.82	SBD
1	Jack Dales	M	Raw	MR-O	141.4	120+	190	205	220	220	150	160	167.5	167.5	200	215	220	220	607.5	65.96	SBD
1	Muhammad Bazil	M	Raw	MR-O	82.4	83					110	117.5	-122.5	117.5					117.5	59.24	B
1	Adam Clarkson	M	Raw	MR-O	136.3	120+					200	207.5	212.5	212.5					212.5	85.08	B