

OPL Forr Submit by email: issues@openpowerlifting.org

Federati Date MeetCol MeetStat MeetTown Formula MeetName
 BP '2024-01-13 UK South Yo Sheffield IPF GL Points AFK x YNE Quiet Series

| Place | Name | Sex | Age | Country | Equipment | Division | BodyweightKg | WeightClassKg | Squat1Kg | Squat2Kg | Squat3Kg | Best3SquatKg | Bench1Kg | Bench2Kg | Bench3Kg | Best3BenchKg | Deadlift1Kg | Deadlift2Kg | Deadlift3Kg | Best3DeadliftKg | TotalKg | Points | Event |
|-------|-----------------|-----|-----|---------|-----------|----------|--------------|---------------|----------|----------|----------|--------------|----------|----------|----------|--------------|-------------|-------------|-------------|-----------------|---------|--------|-------|
| 1 | Estelle Varley | F | 22 | UK | Raw | F-Jr | 68.8 | 69 | 122.5 | 127.5 | -132.5 | 127.5 | 57.5 | 60 | -62.5 | 60 | 130 | 137.5 | 145 | 145 | 332.5 | 69 | SBD |
| G | Kate Mitchell | F | 22 | UK | Raw | F-Jr | 80.7 | 84 | 147.5 | 157.5 | 162.5 | 162.5 | 55 | 60 | 65 | 65 | 155 | 165 | 175 | 175 | 402.5 | 77.26 | SBD |
| 1 | Michelle Brooke | F | 40 | UK | Raw | F-M1 | 54.9 | 57 | 70 | 72.5 | -77.5 | 72.5 | 37.5 | 40 | -42.5 | 40 | 105 | 110 | 115 | 115 | 227.5 | 54.93 | SBD |
| 1 | Carole O'Neil | F | 46 | UK | Raw | F-M1 | 75.1 | 76 | 122.5 | 130 | 135 | 135 | 80 | 85 | -87.5 | 85 | 155 | 165 | 172.5 | 172.5 | 392.5 | 77.82 | SBD |
| G | Liz Elfleet | F | 57 | UK | Raw | F-M2 | 76.7 | 84 | 75 | 80 | -85 | 80 | 37.5 | -40 | -40 | 37.5 | 100 | 107.5 | 112.5 | 112.5 | 230 | 45.15 | SBD |
| G | Gigi Nicolson | F | 24 | UK | Raw | F-O | 46.7 | 47 | 87.5 | 95 | 100 | 100 | 57.5 | 60 | 62.5 | 62.5 | 132.5 | 140 | 145 | 145 | 307.5 | 85.78 | SBD |
| 1 | Christy Bond | F | 31 | UK | Raw | F-O | 51.2 | 52 | 102.5 | 107.5 | 112.5 | 112.5 | 42.5 | 45 | -47.5 | 45 | 115 | 120 | 125 | 125 | 282.5 | 72.3 | SBD |
| 1 | Emily Westray | F | 26 | UK | Raw | F-O | 55.7 | 57 | 102.5 | 107.5 | -112.5 | 107.5 | 62.5 | 65 | 67.5 | 67.5 | 107.5 | 115 | 122.5 | 122.5 | 297.5 | 71.02 | SBD |
| 2 | Michelle Brooke | F | 40 | UK | Raw | F-O | 54.9 | 57 | 70 | 72.5 | -77.5 | 72.5 | 37.5 | 40 | -42.5 | 40 | 105 | 110 | 115 | 115 | 227.5 | 54.93 | SBD |
| 1 | Estelle Varley | F | 22 | UK | Raw | F-O | 68.8 | 69 | 122.5 | 127.5 | -132.5 | 127.5 | 57.5 | 60 | -62.5 | 60 | 130 | 137.5 | 145 | 145 | 332.5 | 69 | SBD |
| 1 | Carole O'Neil | F | 46 | UK | Raw | F-O | 75.1 | 76 | 122.5 | 130 | 135 | 135 | 80 | 85 | -87.5 | 85 | 155 | 165 | 172.5 | 172.5 | 392.5 | 77.82 | SBD |
| 2 | Jenna Tweddle | F | 23 | UK | Raw | F-O | 75.1 | 76 | 130 | 135 | 140 | 140 | 72.5 | 75 | -77.5 | 75 | 152.5 | 160 | 165 | 165 | 380 | 75.35 | SBD |
| 1 | Lucy Robinson | F | 28 | UK | Raw | F-O | 79.8 | 84 | 150 | 160 | 165 | 165 | 75 | 80 | 85 | 85 | 160 | 170 | -180 | 170 | 420 | 81 | SBD |
| G | Kate Mitchell | F | 22 | UK | Raw | F-O | 80.7 | 84 | 147.5 | 157.5 | 162.5 | 162.5 | 55 | 60 | 65 | 65 | 155 | 165 | 175 | 175 | 402.5 | 77.26 | SBD |
| G | Liz Elfleet | F | 57 | UK | Raw | F-O | 76.7 | 84 | 75 | 80 | -85 | 80 | 37.5 | -40 | -40 | 37.5 | 100 | 107.5 | 112.5 | 112.5 | 230 | 45.15 | SBD |
| DQ | Joseph Dandy | M | 22 | UK | Raw | M-Jr | 90.5 | 93 | 180 | 190 | 200 | 200 | -130 | -130 | -130 | | 220 | 230 | 240 | 240 | | | SBD |
| 1 | Bilal Malik | M | 21 | UK | Raw | M-Jr | 156 | 120+ | -210 | 210 | 225 | 225 | 132.5 | -137.5 | 140 | 140 | 270 | 290 | 300 | 300 | 665 | 69.56 | SBD |
| DQ | Joseph Dandy | M | 22 | UK | Raw | M-O | 90.5 | 93 | 180 | 190 | 200 | 200 | -130 | -130 | -130 | | 220 | 230 | 240 | 240 | | | SBD |
| 1 | Ian Lucy | M | 23 | UK | Raw | M-O | 116.4 | 120 | 215 | 230 | 240 | 240 | 125 | 135 | 145 | 145 | 235 | 275 | -302.5 | 275 | 660 | 77.76 | SBD |
| 1 | Bilal Malik | M | 21 | UK | Raw | M-O | 156 | 120+ | -210 | 210 | 225 | 225 | 132.5 | -137.5 | 140 | 140 | 270 | 290 | 300 | 300 | 665 | 69.56 | SBD |
| 1 | Oscar Smith | M | 17 | UK | Raw | M-Sj | 51.7 | 53 | -70 | 70 | 75 | 75 | 72.5 | 77.5 | -80 | 77.5 | 110 | 120 | 130 | 130 | 282.5 | 50.18 | SBD |
| 1 | Obioma Uchegbu | M | 17 | UK | Raw | M-Sj | 81.9 | 83 | 190 | 200 | 210 | 210 | 100 | 105 | -110 | 105 | 190 | 205 | 215 | 215 | 530 | 73.86 | SBD |
| 2 | Luke Benson | M | 15 | UK | Raw | M-Sj | 82.2 | 83 | 120 | 130 | 140 | 140 | 80 | -85 | -85 | 80 | 180 | 200 | -220 | 200 | 420 | 58.42 | SBD |
| DQ | Owen Eyles | M | 15 | UK | Raw | M-Sj | 80.5 | 83 | 140 | 150 | 155 | 155 | 77.5 | 82.5 | -85 | 82.5 | -185 | -185 | -202.5 | | | | SBD |
| 1 | Daniel Wilby | M | 21 | UK | Raw | M-Jr | 68.2 | 74 | | | | | 110 | 115 | -117.5 | 115 | | | | | 115 | 64.08 | B |
| 1 | Mark Gibson | M | 40 | UK | Raw | M-M1 | 90.9 | 93 | | | | | 140 | -145 | -145 | 140 | | | | | 140 | 67.17 | B |
| G | Andy Champ | M | 40 | UK | Raw | M-M1 | 101.2 | 105 | | | | | 165 | 182.5 | -200 | 182.5 | | | | | 182.5 | 83.14 | B |
| 1 | Daniel Wilby | M | 21 | UK | Raw | M-O | 68.2 | 74 | | | | | 110 | 115 | -117.5 | 115 | | | | | 115 | 64.08 | B |
| 1 | Mark Gibson | M | 40 | UK | Raw | M-O | 90.9 | 93 | | | | | 140 | -145 | -145 | 140 | | | | | 140 | 67.17 | B |
| G | Andy Champ | M | 40 | UK | Raw | M-O | 101.2 | 105 | | | | | 165 | 182.5 | -200 | 182.5 | | | | | 182.5 | 83.14 | B |
| G | Joey Watson | M | 28 | UK | Raw | M-O | 112.8 | 120 | | | | | 180 | 192.5 | 200 | 200 | | | | | 200 | 86.69 | B |