| OPL Forma | Submit by email: | issues@openpowerlifting.org | | | | | | | | | | | | | | | | | | | | |
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| | | | | | | | | | | | | | | | | | | | | | | |
| Federation | Date | MeetCoun | MeetState | MeetTown | MeetName | Formula | | | | | | | | | | | | | | | | |
| British Pow | '2021-07-18 | UK | YNE | York | July Compe | IPF GL Points | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | | |
| Place | Name | Sex | Age | Equipment | Division | Bodyweigh | WeightClas | Squat1Kg | Squat2Kg | Squat3Kg | Best3Squa | Bench1Kg | Bench2Kg | Bench3Kg | Best3Benc | Deadlift1K | Deadlift2K | Deadlift3K | Best3Dead | TotalKg | Points | Event |
| 1 | Jessie Lee | F | 23 | Raw | FR-O | 46.3 | 47 | 102.5 | 110 | -112.5 | 110 | 50 | 57.5 | -60 | 57.5 | 130 | 137.5 | 140 | 140 | 307.5 | 86.53 | SBD |
| 1 | Natasha Maskell | F | 22 | Raw | FR-O | 49.6 | 52 | 87.5 | 97.5 | 105 | 105 | 67.5 | -72.5 | -72.5 | 67.5 | 97.5 | 107.5 | 115 | 115 | 287.5 | 75.71 | SBD |
| DQ | Erin Louise Aldcroft | F | 22 | Raw | FR-O | 51.7 | 52 | 120 | 125 | 130 | 130 | 85 | 91 | 99 | 99 | -147.5 | -152.5 | -152.5 | | | | SBD |
| 1 | Elspeth McLeod | F | 26 | Raw | FR-O | 63 | 63 | 140 | 150 | -157.5 | 150 | 85 | 92.5 | 100.5 | 100.5 | 160 | 175 | -182.5 | 175 | 425.5 | 93.09 | SBD |
| 2 | Lucy Robinson | F | 19 | Raw | FR-O | 61.9 | 63 | 142.5 | 150 | 155 | 155 | 65 | 70 | 72.5 | 72.5 | 172.5 | 180 | -185 | 180 | 407.5 | 90.19 | SBD |
| 3 | Stacie Jones | F | 24 | Raw | FR-O | 62.2 | 63 | 140 | 147.5 | 155 | 155 | 82.5 | 85 | -90 | 85 | 142.5 | 155 | -167.5 | 155 | 395 | 87.14 | SBD |
| 1 | Holly Kay | F | 25 | Raw | FR-O | 67.9 | 69 | 120 | 125 | 127.5 | 127.5 | 65 | -67.5 | -67.5 | 65 | 140 | 145 | -150 | 145 | 337.5 | 70.56 | SBD |
| 2 | Rhea Sutcliffe | F | 40 | Raw | FR-O | 67.3 | 69 | 90 | 95 | 100 | 100 | 50 | 55 | 60 | 60 | 125 | 132.5 | 140 | 140 | 300 | 63.04 | SBD |
| 1 | Nicole Latham | F | 20 | Raw | FR-O | 74.1 | 76 | 90 | 97.5 | 102.5 | 102.5 | 42.5 | 47.5 | -52.5 | 47.5 | 105 | 115 | 125 | 125 | 275 | 54.88 | SBD |
| 1 | Megan Reilly | F | 29 | Raw | FR-O | 83.6 | 84 | 117.5 | 125 | -132.5 | 125 | 60 | -65 | -65 | 60 | 112.5 | 122.5 | 132.5 | 132.5 | 317.5 | 60.07 | SBD |
| 1 | Asheri Gamsi | F | 22 | Raw | FR-O | 98.8 | 84+ | 125 | 135 | 140 | 140 | 73 | 77.5 | 80 | 80 | 150 | 157.5 | -165.5 | 157.5 | 377.5 | 67.55 | SBD |
| 2 | Joanne Laird | F | 48 | Raw | FR-O | 120.8 | 84+ | 120 | -135 | 135 | 135 | 77.5 | -82.5 | -82.5 | 77.5 | 130 | 140 | 145 | 145 | 357.5 | 61.21 | SBD |
| 1 | Melina Irawo | F | 21 | Raw | FR-O | 82.1 | 84 | | | | | 90 | 95 | 100 | 100 | | | | | 100 | 75.05 | B |
| 1 | Connor Goodison | M | 23 | Raw | MR-O | 58.4 | 59 | 147.5 | -155 | -161 | 147.5 | 105.5 | 107.5 | -112.5 | 107.5 | 170 | 185 | -201 | 185 | 440 | 73.21 | SBD |
| 2 | Edward Butcher | M | 15 | Raw | MR-O | 57.2 | 59 | 100 | 105 | 110 | 110 | 70 | 75 | 80 | 80 | 120 | 130 | -135 | 130 | 320 | 53.84 | SBD |
| 1 | Simon Zhu | M | 17 | Raw | MR-O | 71.9 | 74 | 180 | -190 | 190 | 190 | 110 | -117.5 | -117.5 | 110 | 190 | 205 | -215 | 205 | 505 | 75.26 | SBD |
| 2 | Alex Macaulay | M | 27 | Raw | MR-O | 71.9 | 74 | 140 | 152.5 | -157.5 | 152.5 | 110 | -120 | -120 | 110 | 160 | 170 | 185 | 185 | 447.5 | 66.69 | SBD |
| 3 | Josh Bassinder | M | 22 | Raw | MR-O | 73 | 74 | 155 | 165 | 167.5 | 167.5 | 95 | 102.5 | -107.5 | 102.5 | 150 | 165 | 177.5 | 177.5 | 447.5 | 66.16 | SBD |
| 4 | Jack Ashurst | M | 16 | Raw | MR-O | 71.3 | 74 | 122.5 | 127.5 | 130 | 130 | 75 | -77.5 | -77.5 | 75 | 150 | -157.5 | 162.5 | 162.5 | 367.5 | 55.01 | SBD |
| 1 | Benjamin Muskett | M | 28 | Raw | MR-O | 82.4 | 83 | 192.5 | 205 | 215 | 215 | 127.5 | -132.5 | -132.5 | 127.5 | 245 | 260 | -265 | 260 | 602.5 | 83.71 | SBD |
| 2 | Oliver James | M | 23 | Raw | MR-O | 77 | 83 | 185 | 200 | 210 | 210 | 110 | 120 | 125 | 125 | 210 | 230 | -250 | 230 | 565 | 81.26 | SBD |
| 3 | Cameron Gafaar | M | 19 | Raw | MR-O | 80.8 | 83 | -180 | 180 | -200 | 180 | 120 | 130 | -140 | 130 | 200 | 220 | -240 | 220 | 530 | 74.37 | SBD |
| 4 | Thomas Huggins | M | 21 | Raw | MR-O | 82.6 | 83 | 165 | -175 | 175 | 175 | 100 | -107.5 | 107.5 | 107.5 | 205 | 215 | 225 | 225 | 507.5 | 70.42 | SBD |
| 5 | Oliver Smith | M | 35 | Raw | MR-O | 81.6 | 83 | 140 | 150 | 160 | 160 | 115 | 125 | -135 | 125 | 155 | 175 | -190 | 175 | 460 | 64.23 | SBD |
| 1 | Earlando Grant-Favourite | M | 22 | Raw | MR-O | 91.1 | 93 | 250 | 265 | 275 | 275 | 155 | 167.5 | -175 | 167.5 | 265 | 280 | -290 | 280 | 722.5 | 95.48 | SBD |
| 2 | Joseph Eaton | M | 21 | Raw | MR-O | 90.7 | 93 | 200 | 210 | 217.5 | 217.5 | 120 | 130 | 135 | 135 | 230 | 245 | -247.5 | 245 | 597.5 | 79.13 | SBD |
| 3 | Luke Morton | M | 26 | Raw | MR-O | 90 | 93 | 190 | 200 | 202.5 | 202.5 | 120 | 130 | -132.5 | 130 | 210 | 220 | 227.5 | 227.5 | 560 | 74.45 | SBD |
| 1 | Lewis Bennett | M | 22 | Raw | MR-O | 102.5 | 105 | 260 | 275 | -280 | 275 | 170 | 182.5 | -190.5 | 182.5 | 250 | 270 | 282.5 | 282.5 | 740 | 92.4 | SBD |
| 2 | Tom Parker | M | 23 | Raw | MR-O | 98.5 | 105 | 225 | 240 | 250 | 250 | 140 | 150 | -160 | 150 | 235 | 245 | 255 | 255 | 655 | 83.34 | SBD |
| 3 | Dylan Smith | M | 19 | Raw | MR-O | 100.7 | 105 | 205 | 217.5 | 227.5 | 227.5 | 147.5 | 152.5 | 157.5 | 157.5 | 210 | 230 | -237.5 | 230 | 615 | 77.44 | SBD |
| 4 | Teddy Pearson | M | 17 | Raw | MR-O | 100 | 105 | 190 | 200 | 205 | 205 | 130 | 137.5 | 142.5 | 142.5 | 200 | 212.5 | 222.5 | 222.5 | 570 | 72.01 | SBD |
| 5 | William Andrews | M | 15 | Raw | MR-O | 93.2 | 105 | -170 | 170 | 190 | 190 | -120 | 120 | -125 | 120 | 210 | 220 | -230 | 220 | 530 | 69.26 | SBD |
| 6 | Barry Evans | M | 43 | Raw | MR-O | 96.4 | 105 | 105 | 110 | 125 | 125 | 85 | 95 | -100 | 95 | 130 | 140 | 150 | 150 | 370 | 47.57 | SBD |
| 1 | Muyiwa Osunkunle | M | 33 | Raw | MR-O | 115.8 | 120 | 220 | -240 | -240 | 220 | 160 | -167.5 | 170 | 170 | 220 | 235 | 260 | 260 | 650 | 76.75 | SBD |
| 2 | Richard Elliott | M | 40 | Raw | MR-O | 116.8 | 120 | 215 | -230 | -230 | 215 | 170 | 176 | -182.5 | 176 | 220 | 222.5 | 235 | 235 | 626 | 73.64 | SBD |
| DQ | Laurence Andrews | M | 18 | Raw | MR-O | 97.6 | 105 | | | | | -145 | -145 | -145 | | | | | | | | B |