

OPL Format v1		Submit by email: issues@openpowerlifting.org																																											
Federation	Date	MeetCountry	MeetState	MeetTown	MeetName	Formula																																							
British Powerlifting	2021-06-19	UK	Yorkshire	Riccall	YNEFP June Competition	IPF GL Points																																							
Place	Name	Sex	Age	Equipment	Division	BodyweightKg	WeightClassKg	Squat1Kg	Squat2Kg	Squat3Kg	Best3Squ	Bench1Kg	Bench2Kg	Bench3Kg	Best3Ben	Deadlift1	Deadlift2	Deadlift3	Best3Dea	TotalKg	Points	Event																							
1	Justine Lee	F	25	Raw	FR-O	51.1	52	-112.5	115	120	120	75	77.5	80	80	-155	155	-165	155	355	91.01	SBD																							
1	Caitlin Marie Baxter	F	20	Raw	FR-O	55.8	57	135	142.5	-147.5	142.5	85	90.5	92.5	92.5	-140	140	145	145	380	90.59	SBD																							
1	Jacqui North	F	53	Raw	FR-O	62.7	63	115	120	125	125	52.5	57.5	62.5	62.5	150	157.5	-165	157.5	345	75.71	SBD																							
1	Megan Harrison	F	32	Raw	FR-O	68.1	69	105	110	115	115	50	-55	57.5	57.5	120	127.5	135	135	307.5	64.18	SBD																							
2	Holly Griffiths	F	19	Raw	FR-O	63.1	69	97.5	-102.5	-102.5	97.5	42.5	-45	45	45	100	110	-117.5	110	252.5	55.19	SBD																							
1	Maddie Connolly	F	46	Single-ply	F-O	62	63	115	-120	120	120	75	78	80	80	130	142.5	-147.5	142.5	342.5	62.4	SBD																							
NS	Charlie Kirk	M	16	Raw	MR-O																		SBD																						
1	Callum James Glendinning	M	19	Raw	MR-O	63.8	66	175	182.5	-190	182.5	80	87.5	-92.5	87.5	225	232.5	240	240	510	80.94	SBD																							
2	Chris Jennings	M	26	Raw	MR-O	65.1	66	170	-185	-187.5	170	120	-125	-125	120	210	-240	-240	210	500	78.51	SBD																							
1	Ade Omisakin	M	22	Raw	MR-O	73	74	225	240	-245	240	142.5	150	155	155	270	-287.5	-287.5	270	665	98.32	SBD																							
2	Joseph Kelsey	M	20	Raw	MR-O	73.3	74	180	190	-200	190	115	122.5	-127.5	122.5	200	207.5	215	215	527.5	77.83	SBD																							
3	James Martinez	M	25	Raw	MR-O	73	74	167.5	177.5	-182.5	177.5	105	-110	-110	105	217.5	225	230	230	512.5	75.77	SBD																							
1	Jamie Millican	M	32	Raw	MR-O	80.8	83	190	200	210	210	120	125	-127.5	125	235	252.5	257.5	257.5	592.5	83.14	SBD																							
2	Joshua Hinchcliffe	M	22	Raw	MR-O	81.1	83	190	200	207.5	207.5	122.5	127.5	130	130	240	250	-255	250	587.5	82.29	SBD																							
3	Harry Kirk	M	18	Raw	MR-O	81.51	83	205	-212.5	-212.5	205	145	-150	-150	145	220	230	-240	230	580	81.03	SBD																							
4	Jake Lonsdale	M	26	Raw	MR-O	79.9	83	200	207.5	-212.5	207.5	125	130	132.5	132.5	235	-245	-250	235	575	81.15	SBD																							
5	David Obrien	M	49	Raw	MR-O	81.7	83	-175	185	-192.5	185	125	130	-136.5	130	200	212.5	-221	212.5	527.5	73.61	SBD																							
6	Ryan Hill	M	24	Raw	MR-O	79.2	83	165	175	-180	175	115	120	125	125	195	205	215	215	515	73.01	SBD																							
7	Jack Brennan	M	18	Raw	MR-O	81.5	83	140	150	162.5	162.5	95	102.5	-107.5	102.5	185	200	210	210	475	66.36	SBD																							
8	Ross McGowan	M	33	Raw	MR-O	80.3	83	140	-155	-155	140	115	-122.5	-122.5	115	165	175	182.5	182.5	437.5	61.59	SBD																							
9	Alex White	M	18	Raw	MR-O	81.3	83	-115	120	130	130	72.5	80	-87.5	80	140	150	160	160	370	51.76	SBD																							
1	Oliver Pickwell	M	20	Raw	MR-O	90.5	93	217.5	230	-240	230	140	150	155	155	265	-280	285	285	670	88.83	SBD																							
2	Aidan Lynn	M	22	Raw	MR-O	86.7	93	200	210	-215	210	125	130	-135	130	235	250	-260	250	590	79.9	SBD																							
3	Nick Jones	M	46	Raw	MR-O	91.2	93	185	-195	202.5	202.5	120	125	127.5	127.5	202.5	212.5	222.5	222.5	552.5	72.97	SBD																							
4	Ben Straughan	M	20	Raw	MR-O	90.7	93	205	-212.5	-212.5	205	110	115	-120	115	205	217.5	-225	217.5	537.5	71.18	SBD																							
5	Jake Franks	M	18	Raw	MR-O	89.4	93	170	180	190	190	105	112.5	-117.5	112.5	200	210	-220	210	512.5	68.36	SBD																							
6	Ted Bowles	M	16	Raw	MR-O	86.2	93	130	140	145	145	90	100	102.5	102.5	175	190	-202.5	190	437.5	59.42	SBD																							
1	Rob Hunt	M	28	Raw	MR-O	100.8	105	255	265	272.5	272.5	137.5	142.5	147.5	147.5	255	265	275	275	695	87.47	SBD																							
2	Ben Deller-Rust	M	29	Raw	MR-O	103.4	105	-197.5	197.5	215	215	155	160	165	165	260	-285	-285	260	640	79.59	SBD																							
3	Norbert Kulczykcki	M	35	Raw	MR-O	99.1	105	210	220	222.5	222.5	-140	140	-150	140	210	220	-225	220	582.5	73.9	SBD																							
4	Tim Turner	M	43	Raw	MR-O	102.7	105	160	175	-182.5	175	100	-110	-110	100	210	-220	220	220	495	61.75	SBD																							
5	Gary Grant	M	61	Raw	MR-O	102.6	105	160	180	-192.5	180	90	95	100	100	180	190	-195	190	470	58.66	SBD																							
1	Ben Wharton	M	24	Raw	MR-O	110.5	120	275	300	312.5	312.5	172.5	185	192.5	192.5	290	320	-340	320	825	99.49	SBD																							
2	Joe Arnott	M	20	Raw	MR-O	117.4	120	252.5	260	265	265	-155	160	165	165	240	250	260	260	690	80.98	SBD																							
3	Steven Cuthbert	M	27	Raw	MR-O	117.7	120	240	255	265	265	135	142.5	147.5	147.5	240	257.5	272.5	272.5	685	80.31	SBD																							
4	Jamie Agar	M	17	Raw	MR-O	112.8	120	140	-160	170	170	100	110	120	120	180	-200	200	200	490	58.54	SBD																							
5	Tom Whinnie	M	15	Raw	MR-O	109.9	120	-147.5	155	162.5	162.5	95	100	-105	100	145	165	175	175	437.5	52.89	SBD																							
1	Dave Richardson	M	60	Raw	MR-O	133.8	120+	140	145	-150	145	60	65	-75	65	182.5	-192.5	-192.5	182.5	392.5	43.57	SBD																							