

BP - Yorkshire North East Frozen Divisional Records - MEN - EQUIPPED - created 22 February 2017



| | u18 | u23 | open |
|--------------|-----|----------------------------------|------------------------------------|
| -52kg | | | |
| SQUAT | | 213 Peter Kemp 20/10/1991 | 250 Peter Kemp 15/8/1999 |
| BENCH | | 92.5 John Clay 22/10/1984 | 130 Phil Stringer 11/05/1981 |
| DEADLIFT | | 182.5 John Clay 14/12/1984 | 215 John Clay 04/07/1991 |
| TOTAL | | 440 John Clay 19/12/1984 | 530 Phil Stringer 17/4/1982 |
| BENCH (A/C) | | 92.5 John Clay 22/10/1984 | 130 Phil Stringer 11/05/1981 |

| | u18 | u23 | open |
|--------------|-----|------------------------------------|--------------------------------------|
| -56kg | | | |
| SQUAT | | 213 Peter Kemp 29/9/1991 | 240 Peter Kemp 06/03/2000 |
| BENCH | | 102.5 Adrian Major 16/9/1985 | 137.5 Phil Stringer 19/12/1981 |
| DEADLIFT | | 180 Dave Harman 28/3/1988 | 218.5 John Clay 06/03/2000 |
| TOTAL | | 425 Adrian Major 16/9/1985 | 565 Phil Stringer 14/2/1982 |
| BENCH (A/C) | | 102.5 Adrian Major 16/9/1985 | 137.5 Phil Stringer 19/12/1981 |

| | u18 | u23 | open | m1 | m2 | m3 | m4 |
|--------------|-----|-------------------------------------|-------------------------------------|----|----|----|----|
| -60kg | | | | | | | |
| SQUAT | | 182.5 Adrian Major 25/11/1985 | 235 Phil Stringer 25/5/1987 | | | | |
| BENCH | | 113 Adrian Major 13/10/1985 | 140.5 Phil Stringer 13/1/1985 | | | | |
| DEADLIFT | | 221 Majit Ali 19/10/1997 | 221 Majit Ali 19/10/1997 | | | | |
| TOTAL | | 500 Makham Singh 26/9/1982 | 547.5 Phil Stringer 31/3/1985 | | | | |
| BENCH (A/C) | | 113 Adrian Major 13/10/1985 | 140.5 Phil Stringer 13/1/1985 | | | | |

| | u18 | u23 | open | m1 | m2 | m3 | m4 |
|----------------|-----|-------------------------------------|-------------------------------------|----|----|----|----|
| -67.5kg | | | | | | | |
| SQUAT | | 240 James Duff 27/11/2010 | 270 Des Garner 17/6/1979 | | | | |
| BENCH | | 140 Roberto Maccio 22/11/1983 | 157.5 Des Garner 11/03/1978 | | | | |
| DEADLIFT | | 232.5 D Showers 08/02/1970 | 267.5 Winston Reid 10/07/1984 | | | | |
| TOTAL | | 577.5 Makham Singh 27/11/1983 | 687.5 Des Garner 17/6/1979 | | | | |
| BENCH (A/C) | | 140 Roberto Maccio 22/11/1983 | 157.5 Des Garner 11/03/1978 | | | | |

| | u18 | u23 | open | m1 | m2 | m3 | m4 |
|--------------|-----|-------------------------------------|------------------------------------|----|----|----|----|
| -75kg | | | | | | | |
| SQUAT | | 250 Garry Bowman 04/08/2001 | 280 Des Garner 25/4/1982 | | | | |
| BENCH | | 157.5 Garry Bowman 04/08/2001 | 175 Dave Wallis 02/05/1977 | | | | |
| DEADLIFT | | 270 Garry Bowman 04/08/2001 | 307.5 Dave Carter 04/01/1990 | | | | |
| TOTAL | | 667.5 Garry Bowman 04/08/2001 | 715 Dave Carter 04/01/1990 | | | | |
| BENCH (A/C) | | 157.5 Garry Bowman 04/08/2001 | 175 Dave Wallis 02/05/1977 | | | | |

| | u18 | u23 | open | m1 | m2 | m3 | m4 |
|----------------|-----|-----------------------------------|--------------------------------------|----|----|----|----|
| -82.5kg | | | | | | | |
| SQUAT | | 315 Neville Wood 09/01/1979 | 315 Neville Wood 09/01/1979 | | | | |
| BENCH | | 175 Garry Bowman 25/11/2002 | 207.5 Jeff Chandler 16/10/1983 | | | | |
| DEADLIFT | | 295 Paul Parris 07/07/1985 | 340 Dave Carter 27/11/1993 | | | | |
| TOTAL | | 730 Neville Wood 09/01/1979 | 807.5 Dave Carter 27/11/1993 | | | | |
| BENCH (A/C) | | 175 Garry Bowman 25/11/2002 | 207.5 Jeff Chandler 16/10/1983 | | | | |

| | u18 | u23 | open | m1 | m2 | m3 | m4 |
|--------------|-----|-----|------|----|----|----|----|
| -90kg | | | | | | | |
| | | 280 | 320 | | | | |

| | | | |
|-------------|------------------------------|-----------------------------|--|
| SQUAT | Brian Reynolds 04/01/1990 | Neville Quinn 27/11/1988 | |
| | 187.5 | 227.5 | |
| BENCH | Brian Reynolds 04/01/1990 | Jeff Chandler 21/10/1985 | |
| | 310.5 | 340 | |
| DEADLIFT | Brian Reynolds 04/01/1990 | Dave Carter 12/10/2000 | |
| | 770 | 842.5 | |
| TOTAL | Brian Reynolds 04/01/1990 | Dave Carter 12/10/2000 | |
| | 187.5 | 227.5 | |
| BENCH (A/C) | Brian Reynolds 04/01/1990 | Jeff Chandler 21/10/1985 | |

-100kg

| | u18 | u23 | open | m1 | m2 | m3 | m4 |
|-------------|-----|--------------------------------------|--------------------------------------|----|----|----|----|
| SQUAT | | 307.5 Brian Reynolds 29/9/1991 | 365 Sam Watt 15/11/1997 | | | | |
| BENCH | | 206 Brian Reynolds 29/9/1991 | 235 Brian Reynolds 28/2/1999 | | | | |
| DEADLIFT | | 330 Brian Reynolds 20/10/1991 | 363 Brian Reynolds 28/2/1999 | | | | |
| TOTAL | | 840 Brian Reynolds 29/9/1991 | 922.5 Brian Reynolds 28/2/1999 | | | | |
| BENCH (A/C) | | 206 Brian Reynolds 29/9/1991 | 235 Brian Reynolds 28/2/1999 | | | | |

-110kg

| | u18 | u23 | open | m1 | m2 | m3 | m4 |
|-------------|-----|---------------------------------------|--------------------------------------|----|----|----|----|
| SQUAT | | 280 Gerald Pilling 04/04/1993 | 375 Sam Watt 15/2/1998 | | | | |
| BENCH | | 185 Louis Beaumont 10/03/2010 | 242.5 Brian Reynolds 14/4/2002 | | | | |
| DEADLIFT | | 310.5 Gerald Pilling 12/04/1994 | 365 Brian Reynolds 29/9/2001 | | | | |
| TOTAL | | 725 Gerald Pilling 25/6/1994 | 942.5 Sam Watt 28/2/1999 | | | | |
| BENCH (A/C) | | 185 Louis Beaumont 10/02/2010 | 242.5 Brian Reynolds 14/4/2002 | | | | |

-125kg

| | u18 | u23 | open | m1 | m2 | m3 | m4 |
|-------------|-----|---------------------------------------|---------------------------------------|----|----|----|----|
| SQUAT | | 275 Andy Westwood 17/11/2002 | 332.5 Chris Woodhead 09/09/2000 | | | | |
| BENCH | | 190.5 David Swaine 31/1/1988 | 265.5 John Battye 28/9/2002 | | | | |
| DEADLIFT | | 295.5 Gerald Pilling 07/11/1993 | 360 Andy Bolton 29/9/1991 | | | | |
| TOTAL | | 705 Gerald Pilling 07/11/1993 | 847.5 Gerald Pilling 21/10/2000 | | | | |
| BENCH (A/C) | | 190.5 David Swaine 31/1/1988 | 277.5 John Battye 08/10/2003 | | | | |

125kg+

| | u18 | u23 | open | m1 | m2 | m3 | m4 |
|-------------|-----|------------------------------------|--------------------------------------|----|----|----|----|
| SQUAT | | 235 Andy Westwood 25/11/2001 | 402.5 Andy Thompson 21/11/2004 | | | | |
| BENCH | | 165 Harry Grigg 02/08/2004 | 285 Andy Thompson 28/11/2009 | | | | |
| DEADLIFT | | 235 Andy Westwood 25/11/2001 | 360.5 Andy Thompson 23/5/2004 | | | | |
| TOTAL | | 605 Harry Grigg 02/08/2004 | 1035 Andy Thompson 27/6/2004 | | | | |
| BENCH (A/C) | | 165 Harry Grigg 02/08/2004 | 287.5 Andy Thompson 30/1/2010 | | | | |